#### What is the NDSS?

The National Diabetes Services Scheme (NDSS) is funded by the Australian Government to support people living with diabetes and is run by Diabetes Australia.

## How do I get the NDSS card?

To get the NDSS card you must fill out the NDSS form.

Ask your doctor or healthcare professional to help you. Visit ndss.com.au or call the NDSS Infoline on 1300 136 588.

Versions of his brochure are available in Arabic, simplified Chinese, traditional Chinese, Turkish and Vietnamese on the NDSS website or ordered through the NDSS Infoline.

# Live well with diabetes and the NDSS card



ndss.com.au Infoline 1300 136 588





# People with diabetes can live an active and healthy life.

If you have any type of diabetes, the National Diabetes Services Scheme (NDSS) card will help you get free and discounted products and services.

The NDSS card helps you save money at the pharmacy by giving you cheaper diabetes products. It also gives you free access to a range of support services from Diabetes Australia, such as information in your language to help you live well with diabetes.

#### Is the NDSS card for me?

The NDSS card is free if you are diagnosed with any type of diabetes: type 1, type 2 or gestational diabetes and have a Medicare card.

You can get the NDSS card even if you don't need medicine to manage your diabetes.



### Why register for the NDSS Card?

#### **Save money**

Cheaper blood glucose testing strips and urine testing strips. Free pen needles and insulin syringes.

#### **Get support**

A diabetes Infoline is available for advice and information.

Group support programs are a chance to meet other people with diabetes and share stories.

There are also a number of services delivered by the NDSS in each state. These may include classes or information to help you manage diabetes.

Booklets and information sheets about living better with diabetes are available in different languages.